



Treating Disorders with Sensorimotor, Cognitive-Language and Psychosocial Components: Using Best-Use Practices of the Infinity Walk® Method - School Based Applications.

COURSE DESCRIPTION

This interactive and media enhanced 2-day clinical practicum teaches the Infinity Walk method's use in a school-base setting. Created by psychologist Deborah Sunbeck, *Infinity Walk* is a highly motivating therapeutic method that progressively builds and integrates essential skills that improve treatment outcomes and encourage home practice. Infinity Walk utilizes a therapeutic context of natural movements and behaviors that occur during normal activity to advance and integrate motor, reflex, attention, sensory, cognitive, expressive language, social and emotional skills. Infinity Walk method is a versatile and cost-effective therapeutic team treatment tool that is easy to integrate into a treatment plan. The skilled therapist quickly learns to adapt the method for each student to create optimal user motivation with just-right challenges and immediate self-observed successes that reward sustained focus and effort, and emotional resiliency.

Participants will develop a theoretical and practical understanding of the Infinity Walk method and its many therapeutic applications and adaptations, and gain sufficient practice and experience to immediately begin to apply the method. Infinity Walk treatment strategies will be discussed for use in both individual and small group environments. Participants will leave with a clear understanding of how to introduce and progress the method with their current students in mind.

OBJECTIVES: Participants will be able to:

- 1) Observe, facilitate and document skill-building in over 15 attention, sensorimotor, cognitive-language and psychosocial components of performance while engaging the student in playfully administered progressive performance challenges.
- 2) Understand and describe the neurological foundation of Infinity Walk theory and treatment method well enough to articulate it to other allied healthcare professionals and skillfully apply the methodology, both within a specialty and as part of an allied healthcare team approach.

3) Select, develop and modify Infinity Walk progressive intervention strategies for just-right inclusion into therapeutic treatment and educational plans.

4) Easily articulate to parents and paraprofessionals how to successfully facilitate a playful version of Infinity Walk to extend practice time into home, childcare and residential settings.

BRIEF BIOGRAPHY

Deborah Sunbeck, PhD is a New York licensed psychologist with over 35 years of clinical experience in child, adult and family therapy; and, more recently in geriatric psychotherapy and consulting in skilled nursing facility settings. She specializes in developmental, perceptual and behavioral-cognitive deficits that impede successful acquisition of academic, work, social and daily life-skills throughout the life span.

Dr. Sunbeck is the creator of Infinity Walk[®], a versatile therapeutic method that adds value to clinical treatment programs administered by OT, PT, SLP providers and other healthcare and special education professionals. She has been providing training practicums for allied healthcare providers for over 20 years and her second book, *Infinity Walk - The Physical Self* (2002) was written specifically for the allied healthcare provider.